

Suet Mix #3
By: Dottie Baltz

- ~ 1 cup crunchy peanut butter
- ~ 1 cup melted lard
- ~ 3 cups yellow cornmeal
- ~ 1 cup unbleached or whole-wheat flour
- ~ 1 cup quick oats
- ~ 1 cup of honey (warmed so it's more liquid) or sugar
- ~ 1 cup fine sunflower seed chips (or a high quality seed mix)
- ~ 1/2-1 cup currants (or raisins cut in half)
- ~ 1/2 cup ground oyster shells for calcium (available at feed stores for poultry)

In a medium on-stick saucepan, melt together the peanut butter and lard, stirring often until melted and well blended.

In a separate bowl, mix together all the dry ingredients and then add them to the lard mixture one cup at a time.

Add more lard or honey if too dry, more flour if too sticky - it should be the consistency of thick cookie dough.

Spread mixture in a greased cake pan and refrigerate until hard.

Cut into squares to fit your suet feeder, or crumble and put in a separate feeder for bluebirds.